

To register, complete application below, and mail with fee to: *In The Zone, 6870 Chrisphalt Drive Bath, PA 18014*. Lesson credits do not carry over to other programs. No refunds for unused credits at the end of the program.

Name _____

Parents' Names _____

Address _____

Phone _____ DOB _____

E-mail _____

Age on Sep 1 ____ Grade in Sep '11 ____

Dates of Camps to attend _____

Consent and Waiver:

I certify that my son/daughter _____ has had a physical examination by a licensed physician within the last year and is in sound physical condition for participation at the In The Zone Basketball Club.

I authorize the staff of In The Zone to act for me to their best judgment in situations requiring first aid or medical attention.

I understand participation in athletics has certain inherent risks and assume responsibility for those risks. I waive and release In The Zone and those directing the camp from any and all liability for any injury my child might incur while participating in the camp.

Signature of Parent/Guardian Date

Tournaments Sep-Dec 2011

- ❖ Back to School Blowout, Sep 24-25
- ❖ Fall Hoopfest, Oct 15-26
- ❖ Pre-Season Primer, Nov 5-6
- ❖ Thanksgiving Tune-up Nov 25-27
- ❖ Holiday Hoopla, Dec 26-30

3 on 3 Tournaments

Sat, Sep 10

Columbus Day, Mon, Oct 10

and Sun, Nov 13



“Upon the fields of friendly strife are sown the seeds that on other fields, on other days will bear the fruits of victory”

--GEN Douglas MacArthur
concerning the role of athletics at the
United States Military Academy



*Shooting
Clinics*

At

In the Zone



Athletics



FALL 2011

*Get Ready for the Season at
In the Zone!!!*

6870 Chrisphalt Drive
Bath, PA 18014
610-837-8605

www.inthezonesports.biz

In the Zone is conducting a series of shooting clinics to help kids get ready for the upcoming basketball season. Whether you're looking to build your shot, make slight adjustments, review shooting fundamentals or just want to practice in a structured and supervised environment these clinics are for you.

We also focus on proper footwork and developing a quick, consistent and balanced shot motion.



Fall Shooting Programs

3 hour Clinics

Sat, Sep 17, 3:00-6:00

Sat, Oct 1, 3:00-6:00

Sun, Oct 9, 3:00-6:00

Sat, Oct 22, 3:00-6:00

Sun, Oct 30, 3:00-6:00

Sat, Nov 12, 3:00-6:00

Wed, Nov 23, 11:00-2:00

Mon, Nov 28, 11:00-2:00

Sat, Dec 3, 3:00-6:00

Sun, Dec 11, 3:00-6:00

\$50 each

3 Day Camp

Tue Dec 27-Thu Dec 29

12:30-3:30

\$105.00 (9 hours)

Discounts:*

- 2010 In the Zone AAU players receive 50% off all of these clinics.
- \$10 Sibling discount: Each sibling receives \$10 discount (siblings may attend different camps)
- Multi clinic discount: Sign up for a second clinic and receive \$10 off the second one.

- \$5 buddy discount: Buddies must be identified on registration form. Max discount is for 2 buddies and \$10 off. Buddies must attend same clinic.

**Cannot combine multiple discounts.*

**To receive a discount, clinics must be paid for in advance.*

★★★★★★★★★★★★★★★★★★★★

Proven Results: During our 5 day summer shooting camps, our athletes have achieved an average gain of 15% in their foul shooting percentages. Although there is no guarantee that each athlete will achieve similar results, we're confident we can help kids shoot better and more consistent.

★★★★★★★★★★★★★★★★★★★★



REGISTRATION:

We recommend that you pre-register. To register, complete the form in this brochure and mail with payment to:

In the Zone
6870 Chrisphalt Drive
Bath, PA 18014

Walk-ins available if space permits.

Payment options: Visa, Mastercard, check, cash, money order. Checks payable to "In the Zone"



Each Clinic will feature:

- 30-40 minutes of form shooting
- 45-60 minutes of shooting off pass
- 45-60 min of shooting off dribble
- 20-90 min of head fakes
- 20-90 min of Jab steps
- 20-60 min of foul shooting
- About 100 shots/hour

Times approx and subject to change based on needs of attendees.

At In the Zone, we stress the fundamentals breaking down the shot into its basic components and then working on drills that focus on these building blocks. Keys to the shot include:

- Simplicity
- Consistency
- Repetition
- Muscle Memory

300 shots in 3 hours!!